



## I° STEERING COMMITTEE

“Multi-sport, multi-disciplinary modules for a healthy, safe  
and comprehensive approach to sport”

# CASTELNOVO NE' MONTI

the land of good living



Comune di Castelnovo ne' Monti



## TERRITORY

The Municipality of Castelnovo extends over an area of **96.61** sq km (109.89 ab / kmq on average) to **700 m. altitude.**

## POPULATION

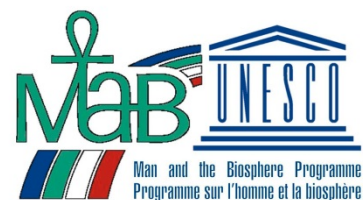
It has a population of about **10,500 inhabitants**, but it has always been considered «chief town» of a larger area, the «**Mountain Union of the Municipalities of the Reggio Apennines**» that today has **7 municipalities** with a population resident of about **40,000 inhabitants.**



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## QUALITY BRANDS





## ECONOMY

Castelnovo né Monti has always played a role of supra-municipal center both for public services, which provides as a school and social-health district center, and for private activities

The three main sectors of the economy are:

- agriculture: oriented predominantly to fodder and livestock production connected to the high quality Parmigiano - Reggiano cycle, with about 221 mainly family run companies.
- manufacturing sector: n. 404 craft enterprises, generally medium-sized enterprises.
- commerce: a network made up of n. 275 sales exercises, including commercial and public exercises





## SCHOOL

Another sector of great importance for employment is the school-health-services sector

Castelnovo ne 'Monti boasts the presence of schools, from kindergartens to secondary schools.





## Activities carried out by the school service:

- Informa School Service (vademecum for the school year)
- School qualification projects for the Municipality
- Pre and post school reception (information and registration)
- Summer activities (summer camps)
- School integration for disabled students

## CCQS Projects, Coordination Center for School Qualification:

- Projects 0/6 years
- Distance training projects
- Youth Center Management "the Formicaio"
- Project management "Safe driving" and education to respect life



## HEALTH SERVICES

Castelnovo ne 'Monti boasts the only hospital of the Apennines  
"Ospedale S. Anna"

- protected houses "Villa delle Ginestre", RSA "I Ronchi", "Villa Paola"
- house of charity run by the curia
- "I Ronchi" day center
- center for the disabled "La Rosa dei Venti"
- two social centers

the municipal social service ensures:

- home care services
- professional social assistance services



## VOLUNTEERING

A network of over 100 associations between voluntary and sports associations, thanks to which the social fabric of the country is kept alive, primary assistance services are ensured and the country is animated with several events throughout the year.

## THE LANDSCAPE



Castelnuovo ne 'Monti today presents itself with a **mid-mountain landscape**, located in the **southern part of the Province of Reggio Emilia**, crossed by gentle valleys, a territory rich in natural potential and generous cultural offerings. Its **barycentric position** allows in a few minutes to reach all the other resorts of the Reggio Apennines.



## THE «PIETRA DI BISMANTOVA»



Center, fulcrum and heart of the whole landscape, the «**Bismantova Stone**», superb rocky emergency of gray sandstone that extends on the summit in a soft flat plateau.

Nevertheless, one of the most beautiful treasures of the **Tuscan-Emilian Apennine National Park** together with the area of the «Gessi Triassici».

Today still more enhanced by the entrance of the Tuscan-Emilian Apennine National Park in the **MaB UNESCO Men and Biosphere Reserve Network**



At the foot of the cliff stands a hermitage, "set" in the rock, built around 1400, for many years inhabited by **Benedictine monks** and a destination for pilgrimages since 1617.





## THE COUNTRY

Set at the foot of three hills  
covered with conifers:

- «**Monte Castello**»
- (where the ancient part of the village is gathered)
- «**Monte Forco**»
- «**Monte Bagnolo**»







## THE COUNTRY

Castelnovo ne 'Monti still preserves its ancient soul: the ancient core of the village is particularly evocative ( via Veneto and via Franceschini) where it is interesting to walk through narrow streets to discover silent squares «**Piazzetta Unità**», «**Piazza della Luna**», «**Piazza delle Armi**» and «**Piazza Peretti**», which overlook buildings of particular value.





## TOURISM

Castelnovo ne' Monti is the ideal place for a tourism compatible with the environment, thanks to its **natural characteristics.**





## Hospitality

The reception network is of a good standard and is made up of hotels, farmhouses, B & B, residences, and several private apartments available for an extended stay.





## The Sales Network



The country has always had a solid commercial tradition, which today is represented by a network of over **200 stores “Castelnovo C'entro”** that offer high quality products.

The network recently has a website **[www.castelnovocentro.it](http://www.castelnovocentro.it)** and an **app** where you can find a list of shops, their proposals and much more information about the country.



## Culture

A privileged place for culture from the **Bismantova Cinema and Theater**, protagonist thanks to its rich program of events, the exhibition rooms of **Palazzo Ducale**, the **Multipurpose Cultural Center** with the municipal library and the **Peri - Merulo Music Institute**.







## Gastronomy

Land of typical products of the highest quality, from **Parmigiano Reggiano**, a leading product of the local agri-food sector, to **Bismantova's pumpkin or zuccotto**, to the characteristic "**Fioretino**" **salami** with hand-cut lardons, to the mountain backgrass with rice.



# MULTI-SPORT

MULTIDISCIPLINARY MODULES FOR A HEALTHY,  
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The local products and typical dishes have several “cult places” scattered throughout the territory: from village taverns to top class restaurants and dairies producing **Parmiggiano Reggiano** cheese, often with their own little shop where sell other local foods and wines and where artistic and cultural events are organized in summer.





## Local Production

**Fonderia Capanni** creates bells with the ancient and fascinating "lost wax" method since the 18th century.







## Events

Numerous events were held during the year, collected in three large events boards:

- Easter in the mountains
- Summer in the mountains
- Christmas in the mountains

fairs, cultural and sporting events, realized directly by the municipal administration or in collaboration with local associations.

## Easter in the mountains



## Cittaslow Festival for Biodiversity





## Pink Night





## San Michele Fair





## Christmas in the mountains





## SPORTS

Castelnovo ne 'Monti, for several years is involved in the project "**Castelnovo ne' Monti, a country for sport**", a project that implements a policy aimed at encouraging the development of sports tourism thanks to the substantial **sports facilities**, the **numerous services** and **infrastructures existing and affiliated**.





Due to these characteristics, Castelnovo ne 'Monti is the destination for numerous stages, camps and pre-championship retreats.







Numerous activities that can be practiced in contact with the environment:

**jogging** in the itinerary of great suggestion that makes the circumnavigation around the Bismantova Stone, or in its various routes connecting the surrounding villages, or more comfortably in the center, in the green of the Monte Bagnolo pinewood: **a network of well-equipped paths and health paths** designed for anyone interested in their own psycho-physical wellbeing.



Castelnovo is a favorite destination for **mountaineers** from all over Europe, thanks to the Bismantova Stone which offers **dozens of ascent routes** for those who practice sport-mountaineering.

Horse and bike paths around the Bismantova Stone are also highly appreciated.



## ONDA DELLA PIETRA

The "Onda della Pietra" multi-purpose sports center with swimming pools, gym, wellness center and outdoor area with summer pool.





## ONDA DELLA PIETRA: inside pool



## ONDA DELLA PIETRA: outside pool





## ONDA DELLA PIETRA



## the athletics center with natural grass soccer field and Sports Medicine Center





the sports center with **tennis center** and the **synthetic**  
**football field**







## the sports center with tennis center





## the synthetic football field



and again the "L.  
Giovanelli " gym and the  
bouldering area of the  
Felina gym.

The systems are equipped  
with all the most modern  
specialized equipment  
thanks to which it is  
possible to guarantee  
optimal preparation for  
professional athletes.







Associations and sports groups provide a variety of disciplines to meet the needs of the most alert sportsman and are activated with the joint goal of promoting a healthy and physically active lifestyle.

Not only activities aimed at organized groups, but also many opportunities for the single sports lover who wants to try his favorite discipline.





These are the possible activities:

mountaineering and climbing, karate, athletics, bowls game, football, cycling and cycling, mountain biking, dance, motor activities for the disabled, preacrobatics and artistic gymnastics, gymnastics for adults and old people, swimming, water gymnastics, fitness, basketball, volleyball, sport fishing, winter sports, tennis and table tennis, archery.

## SPORTS EVENTS

There are numerous sports events organized during the year.  
Among the main ones:

### Pulcini in the Mountains



## "Castelnovo ne' Monti Volley Cup" Youth Volleyball Tournament





## International Slackline Meeting





## Sport in the square - great game with castelnovesi sports





## Bike Festival



## Mountain Tournament





## Tour of the Stone





## Trail of the Stone





## Magnalonga from Parmigiano Reggiano





**Thank You !**